

CAREGIVERS & TELEMEDICINE



44 million Americans are unpaid caregivers

to family members with chronic health conditions



50% of all caregivers provide care for more than one person



1 in 3 caregivers spend **20 hours** a week providing care

Telehealth has helped

by making care logistically simpler and more accessible, leading to:



44%
improved mental health for caregivers



20%
enhanced caregiving outcomes

Access to telehealth services can lighten the load on caregivers.



PATIENT & PROVIDER
**Advocates
for Telehealth**

Source: J Telemed Care