At-home monitoring and testing can help patients take control of their health. With a balanced approach, patients can use telehealth to communicate their results to their health care providers and manage their condition in a way that works for them.

Cultivating Innovation in Telehealth: At-Home Testing

For many patients, the ability to monitor symptoms at home can help eliminate:

- Time spent commuting
- Contamination risks for immunodeficient patients
- The need for child care
- Transportation and other expenses

Continuous innovation in telehealth can empower patients, assist providers and personalize care.